



Source: <http://cvtcentre.com.au>

PY211

General Psychology

Nipat Pichayayothin, Ph.D.

Developmental Psychology Program

The Faculty of Psychology

Chulalongkorn University

A little bit about me

- Life-Span Developmental Psychology program
- West Virginia University
- Area of interests:
 - Transition to adulthood, emerging adults
 - Adults' Time perspective
 - Adults' Decision making



Psychology

Understand

Mental Processes



Scientific

Behaviors

Psychology

Different Perspectives



Psychology

Different Perception

Interpretation and organization processes



Psychology

Different Perception

Interpretation and organization processes



(Walker, Francis, & Walker, 2010)

Psychology

Different Perception

Interpretation and organization processes

LOVE

love

Love

(Rhodes & Castel, 2008)

Different Fields of Psychology

Health

Developmental

Social

Counseling

Cognitive

Clinical

Organizational

Educational



Image from University of Victoria.

This Course

	Date	Topics	Instructor
1	Aug 17	Class Introduction & Overview of Psychology	Nipat
2	Aug 24	Science of Psychology	Kris
3	Aug 31	Development across the life span	Nipat
4	Sep 7	Prejudice, discrimination, & diversity	Panita
5	Sep 14	Learning	Sompoch
6	Sep 21	Behavior modification	Sompoch
7	Sep 28	Psychological disorders	Kullaya
Oct 5 15.30-17.00hrs. MIDTERM EXAM (Lecture 1-7)			
8	Oct 12	Memory, thinking, & language	Nipat
9	Oct 19	Social cognition	Kris
10	Nov 2	Social influence & group behaviors	Thipnapa
11	Nov 9	Sexuality & gender	Panita
12	Nov 16	Biological perspective	Soravis
13	Nov 23	Motivation and emotion	Nipat
14	Nov 30	Psychological therapies	Kullaya
15	Dec 7	Stress and health	Nipat
	Dec 24	9.00-12.00 hrs. FINAL EXAM (Lecture 8-15)	



Assessment

- In-class activities 5%
- Application paper 20%
- Mid-term exam 35%
- Final exam 40%

Assessment

A	85 or higher	C	65 - 69
B+	80 - 84	D+	60 - 54
B	75 - 79	D	55 - 59
C+	70 - 74	F	54 or lower

Your turn

1. Your name, nickname, student ID number
2. Your contact information (please give the one(s) that we can easily reach you)
3. Descriptions of yourself, e.g., what kind of person you are, your likes and dislikes, your favorite things to do, your talents, your unique skills and so on
4. Your proud moment(s)
5. Topics in psychology of your interest
6. Your future career goal
7. Beside and A, what else do you expect to acquire from this course

To Succeed This Course

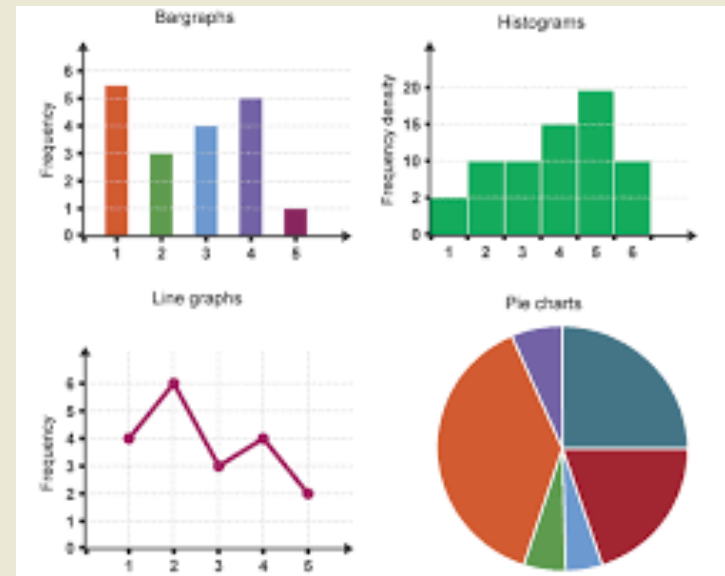
Verbal methods(Speaking and writing)

- Main points
- Key terms
- Describe



To Succeed This Course

Visual methods (Pictures, images)



To Succeed This Course

Auditory methods (Listening, study group)



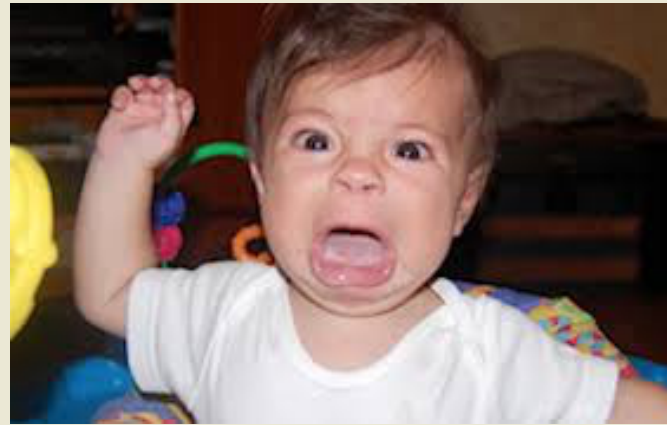
To Succeed This Course

Action methods (Body movement)



To Succeed This Course

Apply to real world situation



To Succeed This Course

Time management

Bed time

Prioritize your tasks



To Succeed This Course

Multitasking?

Can we effectively do more than one task at a time?



To Succeed This Course

Ophir, Nass, & Wagner (2009)

Heavy vs light multi-taskers on cognitive control

- Filtering environmental distractions
- Task switching

Psychological Science is not



I
V
YOU ARE
THINKING!