

Course Outline

TU102: Social Life Skills

Semester 1/2022 (August 8th – November 26th, 2022)

Number of Credit: 3 credits (3-0-6)

Course Description:

Holistic health care, addressing the physical, emotional, social, and spiritual needs, which is considered. Important skills for success in leading a happy life in society. Students learn to develop their ability in physical health care to manage stress, build emotional security, understand themselves and adapt to psychological, emotional and social problems. Students also learn to understand the meaning of aesthetics, experiencing and appreciating the relationship between art and humanity in different fields, namely visual arts, music, performing arts and architecture.

The goal of this course is to prepare the students to understand life and find a guideline in living the life that has never been ready-made. Elements of life are explored in each topic relating to the students' lives aiming at opening up the sides of life for their university study and life-work challenges.

Course Objectives:

1. Students are able to explain their understanding of issues with well-rounded thought.
2. Students are able to widen their perspectives in information curating.
3. Students are able to cover the curiosity from considering different life aspects.
4. Students are able to properly manage themselves with concern of the relationship between themselves and the social context.

Class Time and Logistic

Class day: Wednesdays

Class time: 9.00 – 12.00 hours

Venue: Group 1 (046401) – Room 304, Faculty of Economics

Group 2 (046402) – The conference room, 5th floor, Faculty of Economics

Group 3 (046403) – SA 102, Faculty of Social Administration

Instructor: Group 1 Yingyord Manchuisith

Group 2 Thitipong Duangkong, Ph.D.

Group 3 Rasita Sinek-eiam, Ph.D.

Course Co-ordinator:

Sarupong Sutprasert, assistant professor

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Expected Learning Outcomes

ELO(s)	Major Emphasis	Minor Emphasis	Evaluation Method
1. Moral & virtue			
(1)	1.3 Be responsible for oneself and society		Observation in team working
(2)		1.4 Be disciplined	Observation in class attendance and assignment submission
2. Knowledge			
(1)	2.2 Be able to analyze the case systematically		Application of knowledge in project consult and presentation
(2)	2.4 Be able to integrate the learned knowledge appropriately		Application of knowledge in oral presentation test
3. Intellectual skills			
(1)	3.1 Be able to see		Ability of clarification in oral presentation test and project presentation
(2)	3.3 Be creative and have positive thinking		Ability of using tools in presentation
(3)		3.4 Be commit to self-development upon the real situation	Observation in team working
4. Interpersonal skills & responsibility			
(1)	4.1 Be able to listen to others' opinion and be able to accept the differences		Observation in team working and oral presentation test
(2)		4.3 Be responsible to the assigned	Observation in class attendance and assignment submission

		works be able to do the assignment with responsibility	
(3)	4.4 Possess interpersonal intelligence, have patience, and be able to adjust/control oneself and emotion		Observation in team working
5. Numeral analytic, communication, and information technology skills			
(1)		5.2 Be able to properly use and apply information technology efficiently	Application in project presentation
(2)		5.4 Possess mathematical and statistical analytical skill, including the gathering of information and presentation	Application in project presentation

* Major Emphasis: ●, Minor Emphasis: ○

Main Text: None

Recommended Texts & Materials: Introduced later by instructors in each topic

Suggested Readings: Introduced later by instructors in each topic

Grading Criteria:

The score is separated into 4 categories as follows.

1. Formative test (30%)

Formative test is weekly carried throughout the semester aiming at reflection of the understanding of each topic.

2. Oral test (20%)

Oral test is to summarise the understanding and applicability of the concepts which are taught in the classroom.

3. Project (40%)

Project-based learning encourages the learners to have a deep relationship with the topic they choose their own. The project is employed step-by-step under the supervision of the lecturers which allow them to evaluate the students in terms of the ability of information curating, the quality of defining the topic, and the capability to issue the detail and to present. A one-day field trip might be organised depending on the project's requirement.

4. Learning reflection (10%)

This category is to evaluate the quality of learning regarding to the attitude towards themselves and the quality of understanding the relation between themselves and the social context.

Grades are allocated in alphabet system with the below criteria.

A = 85.00 - 100

B+ = 75.00 - 84.99

B = 70.00 - 74.99

C+ = 65.00 - 69.99

C = 60.00 - 64.99

D+ = 50.00 - 59.99

D = 40.00 - 49.99

F = 0 - 39.99

Expected Learning Outcomes:

1. Students are able to strict to the project timetable, finish their own duty in time, and turn in their assignment correctly and in time.
2. Students are able to logically describe the discovery to their own project's topic, and to express their interest in the topic with well-rounded thought.
3. Students are able to clarify the issue with understanding, to use other forms of communication in presentation, and to show the progress of the project each weak.
4. Students are able to manage the relationship among the teammates until finishing the project, and to keep the project timetable in terms of punctuation and quality of the work.
5. Students are able to curate the information from the internet and are able to select the proper technology and devices in presenting the project, and also to visualize them.

Tentative Class Schedule:

Session/Date	Topics	Activities/Text & Materials/ Media
#1 Aug 10, 2022	Course Introduction Introducing the course through the relationship between yourself and your society.	Lecture/Activities
#2 Aug 17, 2022	Senses Refinement Increase, sharpen, and detail the human's senses which are the interface between the outer world and the inner world. Activities are brought to the classroom.	Lecture/Activities
#3 Aug 24, 2022	Communication in Digital Age Bringing the thought to the society with the concern of the different tools, analog or digital, and generation of the audiences to explore how	Lecture/Activities

	social media affects inter-personal communication.	
#4 Aug 31, 2022	<p>Ships: Friendship and Relationship</p> <p>Benefits and fruitfulness of friendship in the creative and art world, and also in daily life context. While many places are related to romantic story, art explores and transcribes the human's thought about love and relationship. The idea of relationship is also discussed from psychological glasses.</p>	Lecture/Activities
#5 Sep 7, 2022	<p>Gender in Diverse Shades</p> <p>The definition and implications of gender and sexualities that's varied by culture, geography, and people's points of views.</p>	Lecture/Activities
#6 Sep 14, 2022	<p>The GPA and Future Career</p> <p>Soft skills and hard skills are discussed deeply. Rethinking a career plan in the college's life. Explore emerging jobs that are in demand in the digital age.</p>	Lecture/Activities
#7 Sep 21, 2022	<p>Personality</p> <p>Power and the effects of</p>	Lecture/Activities

	<p>personality represented in society and social media. Psychology of color and dressing. How should your personality be altered and effectively designed in the metaverse?</p>	
<p>Period of Midterm Exam: Sep 25 – Oct 2, 2022</p>		
<p>#8 Oct 5, 2022</p>	<p>Half-term conceptualisation</p> <p>Conceptualise the content in the first half of the course. The learners must retrospect and synthesise their own experience.</p>	<p>Interviewing method</p>
<p>#9 Oct 12, 2022</p>	<p>Beauty and Business in the Global Perspectives.</p> <p>This topic brings the students to explore the world of beauty that is related to transnational commodities and trends. Students will be encouraged to think globally in terms of how to turn aesthetics and beauty into business opportunities but simultaneously to educate themselves about the politics of beauty and the power that would enrich or oppress their everyday lives.</p>	<p>Lecture/Case studies/Activities</p>

<p>#10 Oct 19, 2022</p>	<p>Aesthetic Application to Commerce</p> <p>Explore arts in many forms and bring creative and critical ideas for product or service.</p>	<p>Lecture/Case studies/Activities</p>
<p>#11 Oct 26, 2022</p>	<p>Effective Presentation and Design</p> <p>Effective and poor presentation are explored in for the modern days. Students learn essential tools to conduct effective presentations and how to put designs into practice.</p>	<p>Lecture/Case studies/Activities</p>
<p>#12 Nov 2, 2022</p>	<p>Project Supervision 1</p>	<p>Topic selection and content development</p>
<p>#13 Nov 9, 2022</p>	<p>Project Supervision 2</p>	<p>Content development</p>
<p>#14 Nov 16, 2022</p>	<p>Project Supervision 3</p>	<p>Presentation plan</p>
<p>#15 Nov 23, 2022</p>	<p>Project Presentation</p>	<p>Presentation and discussion</p>

Appendix

Class methods

Lecture and activities-based learning

The content is given in the classroom by lecturing and other media. Some topics require preparation including reading or watching VDO clips. Activities-based learning are mostly run in the classroom to emphasize the learners' experience in the content.

Project

Students are required to take a deep study in an issue which relates to their life. The aim is to project their understanding of the issue with considerable information. Students are required to present their progress weekly and discuss with the instructors. The weekly supervision includes the information gathering, the topic defining, the information analysing and synthesizing, and the presentation. The students need to present their project in form of poster presentation.

Learning reflection

Reflection is a tool to retrospect oneself concerning the experience in a place, on a duration of time, and on the activities. The purpose is to find out the key factor(s) that form(s) the learning which students can take away the key(s) to their life outside the classroom.

ACADEMIC CALENDAR & HOLIDAY SEMESTER 1/2022

Semester 1/2022 (August 8 – November 26, 2022)	
Registration at REG TU (*ID.62-64)	July 11 - 14, 2022
Registration at REG TU (*ID.65)	July 26, 2022
Tuition Fee Payment Period (Via TU Greats App)	July 15 - 17, 2022
Classes Begin	August 8, 2022
Add-drop period	August 8 – 21, 2022 <i>(from 9.00 AM of August 8 to 10.30 PM of August 21)</i>
<i>H.M. Queen Sirikit The Queen Mother's Birthday*</i>	<i>August 12, 2022</i>
Tuition Fee Payment Period (Via TU Greats App)	August 22 – 24, 2022 <i>(9 AM - 10.30 PM)</i>
Mid-term Examination Period	September 25 – October 2, 2022
Withdrawal period with "W" on record	August 26 – October 16, 2022 <i>(from 9.00 AM of August 26 to 10.30 PM of October 16)</i>
<i>H.M. King Bhumibol Adulyadej The Great Memorial Day*</i>	<i>October 13, 2022</i>
<i>King Chulalongkorn's Day*</i>	<i>October 23, 2022</i>
<i>Substitution for King Chulalongkorn's Day*</i>	<i>October 24, 2022</i>
Last day of class for Semester 2/2021	November 26, 2022
Final exam period	November 28 – 30, December 1 – 4, 6 – 9, 13 – 16, 2022
<i>H.M. King Bhumibol Adulyadej The Great's Birthday*</i>	<i>December 5, 2022</i>
<i>Constitution Day*</i>	<i>December 10, 2022</i>
<i>Substitution for Constitution Day*</i>	<i>December 12, 2022</i>
Submitting Forms for Degree Conferral	August 8 – 21, 2022

Remark * Holiday, No classes during this period