

1. How and why was Phil trapped?

Phil was stuck in the same day, Groundhog Day. He always woke up and found himself on February 2. No matter how hard he tried to get out of the time loop such as attempting commit suicide multiple times or robbing a bank and go to jail. The reason why he was trapped in the same day might be his awful nature, selfishness and self-centered. Maybe God want to teach him and set the depression toward him since he was trapped in a repeating pattern with his frustrating behavior. God want him to change.

2. Is Groundhog Day a religious movie? Explain your answer.

Groundhog Day is a religious day but Groundhog Day movie depends on what the audiences think. It can be either an abstract like God or a human being's existence like time. As you know time is the best teacher. Time changes people. People need time to heal the pain. People need time to learn something but for Phil, he need time to change himself, change his attitude.

In another side, an abstract side, God might set it all, trapping Phil in time loop and making him realize he should appreciate what he has. He might have only one day but why he does not make it to be the best day he has ever had; being nice with colleagues, reporting on the Groundhog Day celebration so eloquent, and helping people around the town. And then, he has learned to be happy with the time loop and cherish every moment he has. He made everyday be the best day of him, learning piano, French and ice sculpting. God knew the old Phil was gone. He gave Phil another chance to wake up and find out himself on February 3.

3. How would you characterize the phases that Phil goes through? What does he learn as a result of his experience?

The phases Phil went through before he found the enlightenment was like the way that Lord Buddha has been before. Phil, himself, tired to commit suicide multiple times. Lord Buddha starved himself. These two people tortured themselves before found the enlightenment.

He has learned how to appreciate a little thing in life, how to treat people well, how to be nice to people, and how to satisfy what he had even if it is only one day

4. How is Phil's journey related to Existentialism?

It is about a person's self-consciousness and moral self-sufficiency that what Phil during his journey related to Existentialism. Since he is aware he loves Rita, he tried to change himself and be nice to her that he had never done before. And he can change himself from selfish person to someone who is gentler. It can be said that if

people want to change, they absolutely can. Please do. We cannot choose where we were born but we can choose where we want to be in the future. It depends on us.

About moral self-sufficiency, when Phil expects nothing from anyone or anything, when he is able to accept to live in the time loop forever, and when he still enjoys every day helping people even know that he will wake up and end up finding himself on February 2 again.

5. What would you do if you were trapped in a "Groundhog Day"?

I would find out first if there is any way to get out of the time loop. If there was no way out, I would try to accept the truth and be happy with that. At least, I was still alive. I was not that selfish and self-centered as Phil was so it might not take long time for me to be able to accept that I will be forever stuck in this day. Time is precious. I will waste it wisely so I might go to learn other languages, cooking, baking, salsa dance, and etc. However, I definitely would not commit suicide.

6. What does your answer to the previous question say about your beliefs about the meaning of life?

Good attitude toward life is my belief about the meaning of life. Attitude is a little thing that makes a big difference. I have never regretted anything that happened in my life. I think that if it was good that's great, if it was bad; that is another lesson learned. I tend to focus on today more than yesterday or tomorrow. I will make today be the best day I ever had. I tend to see life as a school. The more I live my life, the better I gain new experience.