

Groundhog Day and Existentialism

1. How and why was Phil trapped?

Phil was trapped day in and day out in the Groundhog Day. He tried to escape by the ways such as suicide and driving out from city, but he cannot. Finally, he founded the best way is that being valuably with what is there and do this best.

2. Is Groundhog Day a religious movie? Explain your answer.

Not at all. There is some idea related to religion. When Phil found that same situation happened again and again, he began boring this immortal life and helping others because he knew everything would happen in what way. However, he could not save the poor man's life from disease. The point is deed. What goes around, come around. Even thought, he could change some situation, he could not help him avoiding the death. He did not know when he would die. It might be tomorrow. So, the great thing he should do the best and live like no more tomorrow.

3. How would you characterize the phases that Phil goes through? What does he learn as a result of his experience?

Phil began to look deeply and see more detail from repeated situation. He realized the meaning of life from a situation that the poor man died from disease and he could not do anything. So, he improved himself, adjusted to the others and gave up aimless living. Then, he realized the value of life and time. He should set some goal and live happily.

4. How is Phil's journey related to Existentialism?

The concept of existentialism is that people are searching to find out whom and what they are throughout life as they make choices based on their experiences, beliefs, and outlook. Phil began to change attitude from this trap according to the concept. He adjusted to other people and more willing to do work.

5. What would you do if you were trapped in a "Groundhog Day"?

First, I would go shopping and buy whatever I want and for my parents and friends because I love shopping. Then, I would do merit especially for the poor and the homeless dog. I would try to do everything that I had never been done.

6. What does your answer to the previous question say about your beliefs about the meaning of life?

If I live aimlessly, I would think that life is not interesting and could not see why I have to live anymore. But I was born and die just one time. I could not know the life after death. So, I should do something that I would not be sad, when looking back. That is my definition of meaning of life.