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1. How and why was Phil trapped?
2. Is Groundhog Day a religious movie? Explain your answer.
3. How would you characterize the phases that Phil goes through? What does he learn as a result of his experience?
4. How is Phil's journey related to Existentialism?
5. What would you do if you were trapped in a ""?
6. What does your answer to the previous question say about your beliefs about the meaning ofC life?

1. He finds himself repeating the same day over and over again. After indulging in hedonism and numerous suicide attempts, he begins to re-examine his life and priorities.
2. I think what the movie are trying to tell us is” what’s go around, come around”, which is what all the religion try to teach us. Moreover, this movie can apply to Buddhism as well that “ to love somebody more than yourself”
3. You can see that when first that Phil did the entire bad thing like seduces women, steals money, drives recklessly, and gets thrown in jail; the consequence that he got is no good and he still trapped in the same day over and over. But later, he redeem himself and devote to help other people and community everything get better, everybody loves him, even though he can back to the real world and real time. So basically, he has learn that being a good guy, doing good things is better off.
4. Phil has to be response for what he did.
5. I would do anything I want to and didn't have a chance to do before in order to find my own path and find out what I really want in my life; since trapping in the time loop will make the time become unlimited.
6. My meaning of life is to taste every moments of being alive, to making my dream come true, to looking for the rainbow on the horizon even there is no rainbow there, to watch all the bitterness burn, to holding on to thing advantages, to rising from the ash and finding my wings, to keep my arm open wide of those who needs help, to have more than a name or face in the crowed, to not just live but learn.