

Assignment #3 - Existentialism

1. How and why was Phil trapped?
-He was trapped in the Groundhog Day on the 2 of February. During his trap, since the time he woke up at 6:00 A.M. in the morning until the night everything repeated the same every day. This is because he had done a mistake by acting badly to everyone this day and he himself hated this Groundhog Day.
2. Is Groundhog Day a religious movie? Explain your answer.
-Yes. If we just watch the movie externally, Groundhog Day seemed to be just a comedy movie, but beyond its humor it does hide some morality about the value of life, time and about doing good things to others which will give a good thing back in return (Buddhism). Moreover it also shows about the love to others and to ourselves we all must give, which relates to Christian's teaching.
3. How would you characterize the phases that Phil goes through? What does he learn as a result of his experience?
-His first few trapped days were aimlessly and unfocused of what he should do. He acted badly to everyone as normal, and tried to take a bad and selfish advantage of his time when there's no tomorrow or long run life to concern about. After that he's got bored of his repeating life over and over again, and then he tried to kill himself many times but didn't matter. Finally he began to realize the meaning of life and value of everyone's life. He tried to make today the best day for him and for everyone by being nicer to others and saving many life as possible. After all his experience trapped in the same day, he learns to live his everyday worthily no matter what day it is.
4. How is Phil's journey related to Existentialism?
-From Phil's journey, it shows that everyone's life controlled by his or her own choice that choose to do but cannot choose to be, which relates to Existentialism. In the movie Phil chooses to improve himself and finally he found his meaning of life and how to enjoy it properly.
5. What would you do if you were trapped in a "Groundhog Day"?
-I would be lost in life at the beginning, feeling depressed in the world of loneliness and no future life. However, I have just watched Groundhog Day and learn a lot from this, so I would try to overcome my feelings and try to live normally but worthily every minute with my family and friends, being nice to them and make them happy. Moreover I would use my repeated time wisely by reading books for distance or learn to play guitar as I wish.
6. What does your answer to the previous question say about your beliefs about the meaning of life?
-Every life must find his or her meaning of life to live for. For me meaning of life is about trying to share love and happiness to others and to myself. My life doesn't have to be perfect or being rich, but just happiness from doing the thing I like, being sufficiency to be able to stand by myself, and do something in return for my parents and my country are enough. Then it is a worthy life.